# "Mental health assistant"

# 1. background and demand of creation:

My mother is a psychological teacher. She often tells me that because of the high pressure on study and the high expectation of family, the mental health of students has become one of the hot issues of concern in the society today. The increase of demand has caused a certain burden on the psychological teachers and did not have enough time and energy to accompany each student. To improve this situation, we think about using pepper to help students (Figure 1)



Figure 1

# 2. general design::

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The main functions are: Hello, goodbye, thank you, chat and talk, interactive games  $\,\subseteq\,$  Figure 2)

Figure 2

#### 3. detailed design:

#### 3.1chat and talk

Mainly use Baidu AI voice recognition (voice to text) and Turing robot AI question and answer system. Figure 3 is the implementation idea, figure 4 is the main implementation flow, and figure 5 is the main code.

(refer to Baidu Al official document: <u>https://ai.baidu.com/ai-doc/SPEECH/Vk38lxily</u>) (refer to Turing robot official document: <u>http://www.turingapi.com/</u>)











图 5

# 3.2 interactive games

Figure 6 is the realization idea, and Figure 7 is the main implementation flow.



Figure 6



Figure 7

3.3"Hello, goodbye, thank you" function

Figure 8 shows the "hello" function, and the robot makes goodbye while talking.



Figure 8

## 4. project programming (main difficulties):

Chat and talk: get audio - get audio data address URL Baidu AI string feedback.

After obtaining the data returned by Baidu AI, we found that there was Chinese code disorder. We learned some coding knowledge under the guidance of our teacher. Then, through consulting the data, we tried to adapt the program constantly to solve this problem. This test our practical ability to analyze the matter and find the problem quickly, and the spirit of persistent and continuous exploration.



### 5. future outlook

To increase the game types and psychological testing function of "love students", and better serve the students. Psychological teachers can use "love students" to explore solutions to problems, thus promoting the development of mental health work.

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